

# **Ottauquechee Health Foundation Health Promotion Initiative**

*August 9, 2011*

## **Summary**

From fall 2009 through spring 2012, the Ottauquechee Health Foundation has set aside \$100,000 for health promotion grants within its organizational grant program. This amounts to one-third of the expected organizational grant funds available during that time-frame.

## **Background**

At a retreat early in 2009, the Board of Trustees determined that health promotion would be one of its three key strategies. The Foundation has put a significant portion of its resources to health promotion and prevention projects.

## **Definition**

Health promotion includes promoting physical activity, good nutrition, oral health, mental health, healthy aging, healthy sexual development and decision-making and healthy activities without use of harmful substances (tobacco, drugs, alcohol).

## **Focus**

For the Fall 2011 grant cycle, particular preference will be given to activities addressing mental health, healthy aging, and healthy sexual development and decision-making.

## **Match**

Projects must show matching funds from other sources of at least 25 percent (25%).

## **Follow OHF Grant Guidelines**

All proposals submitted under the Health Promotion Initiative must follow the Foundation's grant guidelines for organizational grant applications.

## **Supplementary Application**

Applicants must supplement their grant application sheet with:

- a detailed description of their health promotion project;
- a description of matching funds from other sources (indicate source, amount, in-hand or application under review)