

Community Health Education

Community Health Education sponsored by OHF includes forums and lectures addressing current community health issues. The health education programs are delivered by expert speakers and often involve partnering with other community organizations. Past lectures have included topics such as substance abuse, parenting, healthy eating, disaster preparedness, advance directive workshops, generational poverty, and end of life health care choices. These programs are open to the public and free of charge.



Community Grants

Community Grants are funded for organizations that provide health related programming in the OHF community. Community Grants are relevant to current community health needs and reviewed by OHF Trustees.



Location:

Simmons House Building
Ottauquechee Health Foundation
32 Pleasant Street
Woodstock, VT 05091

Mailing address:

P.O. Box 784, Woodstock, VT, 05091

802-457-4188
www.ohfvt.org

"I honestly do not know what I would have done without your help – so very much appreciated. I was in pain needing a root canal or I would lose my tooth. Thanks to your generosity my tooth was saved and now feeling great."

~ Good Neighbor Grant Recipient 2015



Grants, Funding, and Support
Because Good Health Care
Matters to Us All.



Mission

To promote and support programs that identify and help meet the health care needs in Barnard, Bridgewater, Hartland, Killington, Plymouth, Pomfret, Quechee, Reading, and Woodstock.

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ohf@sover.net
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Who are we?

The Ottauquechee Health Foundation (OHF) began operation in 1957 as a small regional health center in Woodstock, Vermont. The health center became financially unsustainable to manage in the 1990's and the health center medical practice was turned over to a hospital to operate. The Foundation was born in 1996. The Health Center building was sold in 2013 allowing the Foundation to focus on its mission of providing access to health care and health resources.

OHF is governed by a board of 12 Trustees. Our staff includes an Executive Director and Program Coordinator.



How can you get involved?

- Become a member and attend annual meetings, elect new members of the Board of Trustees, and take action on key issues.
- Sign up to receive our annual report to learn about the Foundation's local efforts and programs.
- Donations to the Ottauquechee Health Foundation are gratefully accepted.
- Volunteer your time for the Foundation.
- Attend an OHF sponsored event.

Good Neighbor Grants

Good Neighbor Grants are available for individuals who are unable to afford immediate health care needs such as co-pays for prescription medications, mental health counseling, Lifeline subscriptions, oral health care including dentures, hearing aides, eyeglasses, physical therapy after an injury or surgery, and much more.

- The application process is easy and can be done in person or by mail.
- Applicants must reside in one of the following 9 towns: Barnard, Bridgewater, Hartland, Killington, Plymouth, Pomfret, Quechee, Reading, or Woodstock.
- This program is for community members with limited household finances or exceptional circumstances.
- Applicants must apply before treatment is received.

"The confidentiality and respect for my issues makes me feel comfortable in seeking assistance as I needed it. Thank you!" ~ Good Neighbor Grant Recipient 2015

OHF SMILES

OHF SMILES offers Free Oral Health Screenings and fluoride varnish for adults with a goal of connecting adults to oral health resources focusing on prevention and early care.

The services are administered by a licensed Dental Hygienist in Woodstock, Hartland, and White River Junction. Our program coordinator helps program participants find a dental home and helps connect participants to resources for financial assistance as appropriate.

If you would like to attend one of our free OHF SMILES clinics, give us a call at 802-457-4188.



OHF Caregiver Referral Service

OHF Caregiver Referral Service serves the Upper Valley by connecting families and individuals who are seeking in-home assistance with community caregivers and caregiving agencies.

Caregivers help with bathing, food preparation, housecleaning, and general supervision to keep people safe in their homes. In addition, it provides employment opportunities for caregivers living in the community.

- There is no charge for this referral service.
- A simple intake form can be completed in person or over the phone.
- We provide resumes for local caregivers available for work.
- A list of caregiving agencies is available.
- We provide referrals to help locate equipment for in-home care.

Please note that our Caregiver Referral Service is only available during business days and is not an emergency service.



OHF Respite Grant Program

OHF Caregiver Respite Grants are also available for community members requiring in-home caregiving services but are unable to afford to pay out of pocket.

Respite Grants are available short term to keep people safe in their homes.