

2009 ANNUAL REPORT

The Ottauquechee Health Foundation is very pleased to present this review of the status of the Foundation for 2009. This report supplements a presentation made by Foundation President, Meg Seely, at the Foundation's Annual Meeting, held Monday, March 10, 2010, at the Town Hall in Woodstock.

The Board of Trustees welcomed five new members, with two members also joining the Board of Trustees for a first term: Deborah Heimann, local communications consultant, and Dr. Judith Hills, MD, local internist. Second terms for trustees Mark Melendy and Anne Marinello were also confirmed. Departing Trustees Ginny Eames and Joan Randall were thanked for their invaluable service.

Going into the 2010 year, Meg Seely continues as President of the Board of Trustees, and is joined by continuing Executive Committee members Mark Melendy as Vice-President, John Moore as Treasurer, and Susan Pelton-Barrett as Secretary.

The Foundation completed another successful year of promoting and supporting programs that identify and help meet the health care needs in Woodstock and the surrounding communities. Our financial outlook has improved since 2008, but it was still less positive than we had expected, forcing us to tame our optimistic goals for grant-making before the year's end. This year we also shifted to a passive approach to our endowment, in order to reduce the impact of the ups and downs of the market on our returns. We provided over \$150,000 in support to local agencies and people. In terms of programming, we launched a 3-year initiative to support local programming focused on health promotion, and we continued our efforts to highlight and advocate for oral health care in the Upper Valley.

The Board of Trustees held a retreat in early 2009 to begin to consider how the Foundation will fulfill its mission in the coming years. Board members created a vision statement for the Foundation, calling for a healthy community where all people have access to meet their health care needs, healthy living is consistently promoted, and all community stakeholders collaborate in effective partnerships that contribute to community health. The board has begun to develop priorities to bring this vision to life, including: increasing Good Neighbor Grants to a level \$72,000 a year; establishing the 3-year health promotion focus; and launching a luncheon series to support and promote local collaborative efforts.

Financial Summary

Statement of Assets (in 000s)

Current Assets	161
Endowment	2,156
<u>Fixed Assets, Net</u>	<u>492</u>
Total Assets	2,808

Revenue

The Foundation's annual revenue continues to derive from three main sources: the endowment, comprising investments of past gifts and bequests; the annual appeal and other contributions during the year; and the net income from our two rental properties at 32 Pleasant Street.

Income Statement (in 000s)

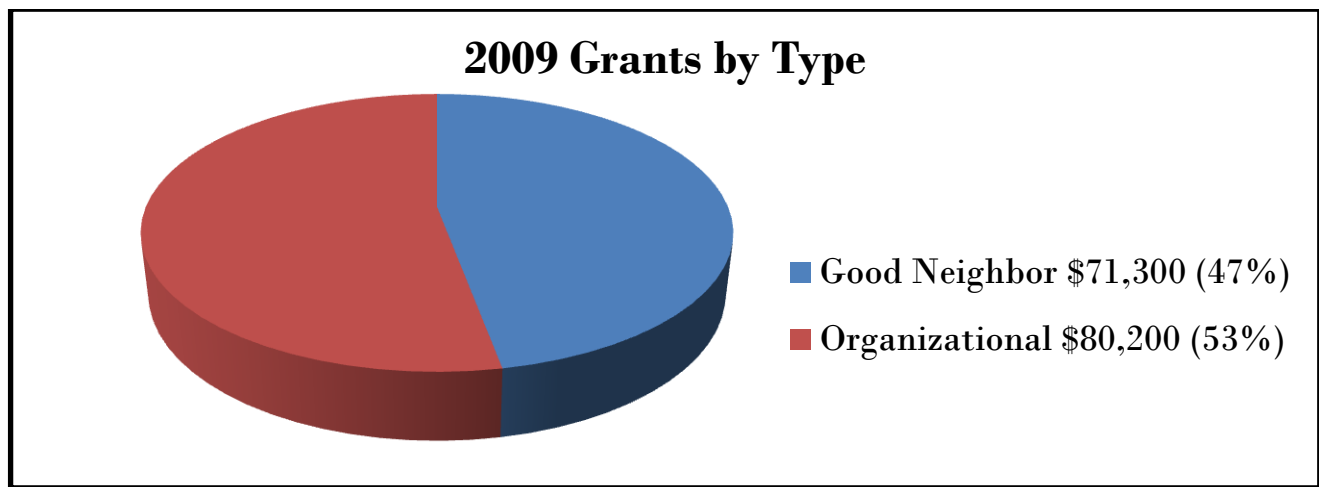
Income	
Endowment Transfer	123.3
Fundraising	46.6
<u>Real Estate</u>	<u>266.3</u>
Total Income	436.3
Expense	

Grants	151.5
Total Administration	63.9
<u>Real Estate</u>	<u>222.5</u>
Total Expense	437.9

Net Income -1.6

Expense

Our primary expenses continued to be our grants and the costs of running the Foundation, including grant administration, fundraising, operating programs such as the Good Neighbor program. We continued to manage our two properties at 32 Pleasant Street; the spaces are rented to both health providers and non-profit providers, with non-profit provider leases offered at below-market rates. In 2009, the Town and Village of Woodstock extended property tax exemption for five more years – through 2012. We are incredibly grateful for this significant generosity, which enables us to provide additional support to individuals and organizations in this community.



Grants

At the core of the Foundation’s work are the grants that we make each year. In 2009, we directed a total of \$151,500 into the community through

our two grant programs. Our original goal of \$181,823 was modified midway through the year in light of decreased income from our endowment and from our fundraising efforts. As is always the case, demand for health-related support outstripped the available funds of the Foundation.

The **Good Neighbor Grants** program continued to meet preventive and essential medical, mental, and dental health care needs of those without means or other resources. From 76 applications and a total of \$141,286 in requested funds, we approved 67 grants to 52 individuals, totaling \$71,315 in support – a new record of both people served and amount funded in the course of a year. Grants were provided in all 9 jurisdictions; dental grants made up two-thirds of the total funds granted.

Our **Organizational Grants** included the launch of a 3-year Health Promotion initiative. Between fall 2009 and spring 2012, the Foundation has set aside \$100,000 specifically for health promotion programming within the organizational grant funds available. For this initiative, health promotion includes: promoting physical activity, good nutrition, oral health, mental health, healthy aging, healthy sexual development and decision-making, and healthy activities without use of harmful substances (tobacco, drugs, alcohol). In the fall of 2009, the Foundation was able to make 7 grants for a total of \$25,450 to 6 organizations for health promotion activities. Overall, the Foundation received 24 grant applications, requesting a total of \$179,800 in assistance for the year. 19 grants were approved, totaling \$75,677; an additional \$4,500 in was distributed, in final payments of 2008 conditional grants. A list of the year's organizational grants follows.

This year the Foundation continued to work on oral health issues in the Upper Valley as a member of the Community Oral Health Initiative (COHI). A Dartmouth Masters in Public Health student joined us as an intern for part of the year to assist in the development of our COHI work. As part of this work, Executive Director Tom Roberts co-wrote an op-ed piece with area dentist for the *Valley News*.

We also launched a new **Loan Forgiveness Program** in 2009; this initiative seeks to retain health care workers providing care in our service area. The pilot will focus on making graduated payments directly to lenders in order to help with student loans for physicians and physician assistants at the Ottawaquechee Health Center. In the future, the Foundation may examine expansion to non-physician and non-health center providers, as well as considering how to ensure providers offer services to residents in financial need.

In Summary

Overall, 2009 was a productive and positive year for the Foundation. We thank all those many donors who contributed this year. Through your generosity the Foundation is able to address the critical health care needs of our community.

Ottawaquechee Health Foundation Summary of 2009 Organizational Grants

Friends of Ottawaquechee Trails, Inc. – partial funding for a health promotion project in Quechee, developing walking trails and trail activities. (\$2,500)

Good Neighbor Health Clinic – to cover half the cost of providing medical and dental care to low-income, uninsured residents in the OHF service area. (\$10,527)

Hartland Public Library – partial funding for two six-session community courses to foster community discussion of healthy and sustainable habits for adults and youth, “Healthy Children, Healthy Planet”. (\$700)

Hartland Public Library – for a “Death & Dying Series”: six sessions focusing on death and dying issues. (\$1,200)

Health Information & Referral Service –partial funding for short-term, in-home caregivers to individuals in OHF service area. (\$3,300)

Ottauquechee Community Partnership – to initiate and implement collaborative projects among local organizations focusing on healthy eating and physical activity. (\$9,900)

River Valley Community College – to provide the renamed New Hampshire Community Technical College the ability to offer scholarships for OHF-area residents who are seeking to pursue work in medical field and who will be serving OHF-area residents. (\$5,000)

Second Growth – for peer leadership activities for youth, to develop multi-age teams – young adults and high school students – to mentor elementary and middle school students in the Woodstock supervisory district about substance abuse prevention. (\$5,000)

Second Growth – to support “Making Change in Woodstock”: a weekly evening substance abuse support group for young people ages 14-21 at the Spectrum Teen Center in Woodstock. (\$7,500)

Spectrum Teen Center – to support the teen center’s work on substance abuse prevention and promotion of healthy behaviors. (\$1,000)

Upper Valley Trails Alliance – to encourage active living skills development through Passport to Winter Fun, promoting outdoor winter sports for elementary school children in area schools. (\$7,500)

Valley Court Diversion – To provide training for staff for Apprentice Substance Abuse Counselors who contribute to a healthy community through substance abuse support and promotion of healthy behaviors. (\$600)

Vermont Technical College – to support an educational grant program for nurses and other health care professionals residing in our service area who are seeking training that will benefit local residents. (\$2,000)

Volunteers in Action – to fund coordination of volunteers providing transportation to medical appointments and other health support in Hartland and Reading. (\$2,200)

Willing Hands – for a nutrition education program at Hartland Food Pantry where a peer trainer will teach recipients how to cook fresh fruits and vegetables. (\$3,300)

Woodstock Ambulance – To provide equipment (Automated External Defibrillators, pulse oximeters, glucometers, etc.) for support personnel who make first response calls as well as those riding second on ambulance calls. (\$5,000)

Woodstock Area Council on Aging/Thompson Senior Center – to provide local matching funds for transportation-on-demand to DHMC two days a week. (\$10,000)

Zack's Place – to support health and fitness programs for people with special needs. (\$2,000)